

2011 Ethics Science Fair Awards

Sharona Silverstein, 3rd place
11th Grade, Patrick Henry High School

“...early school start times for teenagers put three ethical principles at stake. Specifically, the principle of respect for autonomy or the idea of self-determination and allowing individuals to make their own choices; the principle of beneficence or the idea of doing good and avoiding harm; and the principle of the common good or the idea that society should actively promote the health and well-being of all its members so that each person can contribute to the common good of all.”

- S. Silverstein *in* Sleep Patterns and Psychological Health: Implications for Resolving the Ethical Challenges Posed by Early School Start Times